

The ultimate, best ever, most amazing



# study typs

from our rocket scientists, mathematicians, researchers, novelists, engineers, and professors

### 1. Write it in a new sentence

"Summarise your own notes from throughout the year - if you can do that, then you have a great grasp of the subject matter and are on your way to success!"

- Brooke, BEd BE(Hons), helps with writing

"The best way to ensure that you understand the content that you've summarised is by taking a separate sheet of paper and, in completely new words, articulating those same points that are in your summary sheet. If you can do this without needing to go back over the content, you know that you've mastered your points. If you're having trouble articulating your concepts or points (as you'd need to in an exam), this gives you an indication of what you might focus on revising."

- Ethan, BCom-LLB (Hons), helps with English, writing and study skills

## 2. Make drawings, maps, and diagrams

"Use different coloured pens/pencils/font, it really helps your brain to recall information especially if you are a visual learner."

- Stacey, BBus BEd, helps with English and maths

"For questions that need working out: Work though a question that you fully understood, & at each step of the working-out, write what you did (next to it, in a different colour). Do this for every new type of question."

- Rezoana, BEng(Civil), helps with English and maths

"While studying for a particular subject, start preparing revision notes by breaking down the topic into flow charts, diagrams or bullet points. Getting the ideas into brief formats can help you quickly recall everything you need to know during an exam."

- Harish, BIT MComp, helps with English and maths

# 3. Manage your time super efficiently

"Find small blocks of time and stick to it. 20-30 minute blocks can work wonders and it is amazing how much you can achieve when these blocks are distraction free. Set yourself little tasks and just get on and do it. Don't think about it, just keep the momentum. Task 1: read 2 pages, Task 2: read this paragraph and make a mind map of the important notes, etc. Little and often is the best way to study and always ensure you plan a 10 minute treat in between. Dance to some music, go for a quick run, read a chapter of your book etc."

- Katharine, PhD, helps with writing



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"Prioritise! It might be tempting to focus on subjects that are your strengths, but paying special attention to ones that might not come as easily to you will ensure that you're making the best use of your time."

- Louisa, BSc(Psych)Hons BComm, helps with English skills and concpets, and writing
- "Start early. You don't need to do a whole lot in one sitting, but keep thinking about the subject. Then go back to it later and keep doing it frequently."
- Thuy, BSc(Chem), helps with chemistry

## 4. Write by hand (you know, like in the olden days)

- "Writing out and condensing notes multiple times helps me remember them for an exam!"
- Harriet, BSc PGDipSci, helps with maths, chemistry, physics, and biology
- "When you are studying for a test, hand write (no computers!) everything you need to know. This includes class notes or other material. This is a great way to store the information in your long term memory and be able to recall it during a test."
- Michael, BSc BA(Psych)Hons, helps with writing
- "Write out your own notes! I find that making my own handwritten study sheet helps me to remember the material much more effectively than typing or reading."
- Shauna, BA(Psych), helps with writing

# 5. Practice. Then practice some more. And repeat.

- "Maths: Practice! Practice! The more questions you've seen, the more you'll find common patterns in questions and how to answer them. Also, when seeing something for the first time: 1) don't panic and 2) go back to basics."
- Ira, PhD, helps with maths (general, intermediate, and extension)
- "Answer as many old exam questions as you can get your hands on. Number 1 best way to study is to practice."
- Matt, BSc(Chem), helps with chemistry and general science

# 6. Ask a real person for help

- "Try to explain answers/questions to others. The best way to understand a question fully is to explain it to someone else."
- Francesca, BEng(Hons), helps with maths, biology and general science
- "Write down questions and their answers on palm cards, then hand them to someone to quiz you. Go through this as often as you would eat a day!"
- Amy, BA, helps with English



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