

# BELRIDGE SECONDARY COLLEGE

**CK DAILY SPECIALS**

	sml	lge
<b>MONDAY</b>		
*PASTA BOLOGNAISE (Beef or Veg) - ADD GARLIC BREAD - \$1.00	\$5.00	\$7.00
*EGG FRIED RICE - ADD HAM - Sm \$0.50/Lg \$1.00	\$4.00	\$6.00
*HOMEMADE PIZZA DAY! - (See menu below)	From \$5.00	
<b>TUESDAY</b>		
*MEE GORENG NOODLES V - ADD CHICKEN - Sm \$1.00/Lg \$1.50	\$4.00	\$6.00
*FISH, CHIPS & SALAD (OVEN BAKED)	\$6.50	\$8.50
*PASTA CARBONARA - Bacon, mushroom & cream sauce.	\$5.00	\$7.00
<b>WEDNESDAY</b>		
*BUTTER CHICKEN w/ RICE	\$5.00	\$8.00
*PASTA BOLOGNAISE (Beef or Veg) - ADD GARLIC BREAD - \$1.00	\$5.00	\$7.00
*EGG FRIED RICE - ADD HAM - Sm \$0.50/Lg \$1.00	\$4.00	\$6.00
<b>THURSDAY</b>		
*MEE GORENG NOODLES V - ADD CHICKEN - Sm \$1.00/Lg \$1.50	\$4.00	\$6.00
*COMBO BOX - Chicken Goujons, Fish Bites, Party Pies or Veg Fingers with potato gems & salad. Go to EXTRAS to beef it up!	\$5.50	
*PASTA CARBONARA - Bacon, mushroom & cream sauce.	\$5.00	\$7.00
<b>FRIDAY</b>		
*MALAYSIAN BEEF CURRY w/ RICE	\$5.50	\$8.50
*BURGER & HOTDOG DAY! - (See menu below)	From \$4.50	
*EGG FRIED RICE - ADD HAM - Sm \$0.50/Lg \$1.00	\$4.00	\$6.00

**CK HOT ROLLS**

	sml	lge
*YUMBO - Hot Leg Ham & Cheese Roll w/ Aioli	\$4.80	\$6.80
*HOT CHICKEN ROLL w/ Mayonnaise - (Add Cheese - \$0.60/1.00)	\$5.50	\$7.50
*HOT ROAST ROLL w/ Gravy (BEEF/PORK) - Made fresh on premises.	\$5.50	\$8.50
*ZINGER - Chicken Strip Sub Roll w/ shredded carrot, tomato & lettuce.	\$5.50	\$7.50
*CHICKEN PARMIL ROLL - Schnitzel, parmy sauce, parmesean & lettuce.	\$6.00	\$8.50

**MRS MACS PIES & SAUSAGE ROLLS (TUES & THURS)**

*GIANT SAUSAGE ROLL (180g)	\$5.00	
*BEEF, CHEESE & BACON TRAVELLER (175g)	\$5.00	
*BEEF TRAVELLER (175g)	\$5.00	
*VEGETABLE PASTIE (165G) V	\$5.00	
*SPINACH & RICOTTA ROLL (140g) V	\$5.00	
*CHICKEN & LEEK PIE (Gluten Free)	\$5.50	
*BEEF PIE (Gluten Free)	\$5.50	
*SAUCE SACHETS - Tomato, BBQ or Sweet Chilli	\$0.30	
*CK HOMEMADE SAUSAGE ROLL (Only Avail. Mon, Wed & Fri)	\$5.00	

**CK FRESH MADE PIZZA IN A BOX (MON & WED)**

*CHEESE	\$5.00	
*HAM & CHEESE	\$5.90	
*BBQ CHICKEN & CHEESE	\$6.40	
*HAWAIIAN - Ham & Pineapple.	\$6.40	
*SUPREME - Tomato, Onion, Capsicum, Ham & Cheese.	\$6.40	
*VEGETARIAN - Tomato, Onion, Capsicum, Olives & Cheese.	\$6.40	

**BURGERS & HOT DOGS (TUES & FRI)**

*HOT DOG - Classic frankfurt with sauce on fresh baked roll.	\$4.50	
*BURGER & SALAD - Choose from 120g Beef Pattie, Vegan Vegetable Pattie or Crumbed Fish Fillet on a fresh baked bun.	\$7.00	
*CHEESEBURGER w/cheddar cheese, pickles, sauce on a fresh bun.	\$7.00	
*GRILLED CHICKEN BURGER - Fresh chicken breast with tomato, carrot & lettuce on a fresh bun. Choose either Cajun or Garlic Herb.	\$7.00	
*CHICKEN SCHNITZEL BURGER - Homemade chicken schnitzel with tomato, shredded carrot & lettuce on a fresh made bun.	\$8.00	
*HAWAIIAN BURGER - Fresh grilled chicken breast OR 120g beef pattie with pineapple, bacon, tomato & lettuce on a freshly baked bun.	\$9.00	
*STEAK SANDWICH - sliced scotch fillet steak with caramelised onions, tomato & lettuce with relish and homemade burger sauce.	\$9.50	
*THE PB - The Principals Burger, so ask him what is on it!!	\$11.00	

**SANDWICHES, BAGUETTES & WRAPS**

	sml	lge
*TOASTED SANDWICHES - Choose from Cheese, Chicken, Ham, tuna, tomato... on White, Wholemeal, Multigrain or Gluten Free Bread.	From \$3.50	
*B.L.T. - Bacon, Lettuce & Tomato on Turkish Bread.	\$4.50	
*CHICKEN CAESER WRAP - Chicken Breast with Cos Lettuce, Parmesean, Bacon, Egg & Caesar Dressing.	\$5.50	
*TURKISH CONTINENTAL ROLL - Chicken, Feta, Olives, Red Onion, Roasted Capsicum & Sundried Tomato with Red Pesto on a Toasted Turkish Bread.	\$6.00	\$10.00
*C.Y.O. (Create Your Own) - Choose your style then fill it as you see fit! Comes with carrot, lettuce & tomato as standard.	\$4.00	

**FRESH SALADS - 500ml/750ml containers**

	sml	lge
*CHICKEN CAESER SALAD - Fresh baked Chicken Breast with Cos Lettuce, Parmesean, Bacon, Egg, Croutons & Caesar Dressing.	\$7.00	\$10.00
*ROAST PUMPKIN SALAD - Spinach Leaves, Fetta & Sundried Tomato tossed with fresh Roasted Pumpkin. V	\$7.00	\$10.00
*GREEK SALAD - Mixed Leaf Salad with Tomato, Cucumber, Fetta, Olives, Red Onion, Capsicum & Dressing. V	\$7.00	\$10.00
*MEXICAN SALAD - Shredded Lettuce, Carrot & Cheese, Capsicum, Tomato, Sour Cream, Salsa & Corn Chips. V	\$7.00	\$10.00
*GARDEN SIDE SALAD - Lettuce, Tomato, Carrot & Cucumber. V	\$3.50	
*C.Y.O. (Create Your Own)	From \$4.50	

**SUSHI - Made fresh daily!**

*1/2 Roll of Sushi - served with 2 portions of soy sauce. Choose from Chicken Teriyaki, Cooked Tuna, Crispy Chicken, Vegetarian or go a Combo to mix it up!	\$6.50	
*Extra Soy Sauce	\$0.20	
*Portion of Wasabi & Pickled Ginger	\$1.00	

**SNACKS**

	sml	lge
*FRESH FRUIT SALAD - 440ml	\$4.90	
*CK FRESH MUFFINS - Double Choc Chip or Apple & Cinnamon.	\$2.80	\$4.00
*PAPA JOE'S BANANA BREAD	\$4.00	
*DOUBLE CHOCCHIP COOKIE	\$2.00	
*CHOCOLATE or FRENCH VANILLA MOUSSE	\$2.50	
*BROWNE'S YOGHURT - 170g Vanilla Bean, Banana & Honey, Peaches & Cream or Mixed Berries.	\$2.50	
*HEALTHY SNACK BOX - A serve of Hummus with sticks of carrot and cucumber, fresh seasonal fruit pieces & cheddar cheese and crackers. - ADD A PIECE OF SUSHI	\$5.50	\$1.00

**DRINKS**

	sml	lge
*WATER (600ml)	\$2.00	
*BROWNE'S CHILL (300ml & 600ml) - Chocolate, Strawberry, Banana, Mocha or Sugar Free Iced Coffee.	\$2.80	\$4.40
*BROWNE'S CHILL BOTTLE (750ml) - Chocolate	\$4.80	
*PLAIN FULL CREAM MILK (225ml & 600ml)	\$1.50	\$2.50
*HARVEY FRESH 100% FRUIT JUICE (350ml) - Apple, Orange or Apple & Blackcurrant.	\$4.00	
*JUICE BOX (200ml) - Apple/ Blackcurrant, Tropical.	\$2.50	
*GLEE (250ml) - 99% Carbonated Fruit Juice - Sour Watermelon, Blackcurrant, Raspberry or Tropical.	\$2.80	
*UP & GO (250ml) - Chocolate, Vanilla or Banana.	\$2.80	
*LIPTON ICED TEA (500ml) - Lite Peach or Lemon.	\$4.50	
*WATERFORDS LITE (475ml) - Raspberry, Passionfruit or Blackcurrant.	\$4.00	
*KOMBUCHA (250ml) - Ginger & Lemon, Passionfruit or Raspberry Lemonade.	\$3.80	

For the full school menu, optional extras and to place your order, please go to [WWW.FLEXISCHOOLS.COM.AU](http://WWW.FLEXISCHOOLS.COM.AU) and place your order before 8:55am OR just

come down and talk to us personally!

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