

CANTEEN KINGS MENU FOR 2024



BELRIDGE SECONDARY COLLEGE

Food with thought!	
CK DAILY SPECIALS	

CK DAILY SPECIALS		SANDWICHES, BA
MONDAY	sml Ige	*TOASTED SANDV
*PASTA BOLOGNAISE (Beef or Veg) - ADD GARLIC BREAD - \$1.50	\$5.00 \$7.00	tuna, tomato on W
*EGG FRIED RICE - ADD CHICKEN - Sm \$1.00/Lg \$1.50	\$4.00 \$6.00	*B.L.T Bacon, Lett
*HOMEMADE PIZZA DAY! - (See menu below)	From \$5.00	*CHICKEN CAESER
TUESDAY		Parmesean, Bacon, E
*MEE GORENG NOODLES V - ADD CHICKEN - Sm \$1.00/Lg \$1.50	\$4.00 \$6.00	*TURKISH CONTIN
*STEAK & SALAD WRAP - Fresh sliced steak with fried onions, tomato,	\$9.50	Onion, Roasted Caps
lettuce and our HM burger sauce on a fresh pita.		on a Toasted Turkish
*PASTA CARBONARA - Bacon, mushroom & cream sauce.	\$5.00 \$7.00	*SWEET CHILLI CH
WEDNESDAY		tomato, lettuce, carro
*BUTTER CHICKEN w/ RICE	\$5.00 \$8.00	*C.Y.O. (Create Your
*PASTA BOLOGNAISE (Beef or Veg) - ADD GARLIC BREAD - \$1.50	\$5.00 \$7.00	Comes with carrot, le
*EGG FRIED RICE - ADD HAM - Sm \$0.50/Lg \$1.00	\$4.00 \$6.00	
THURSDAY		FRESH SALADS - 5
*MEE GORENG NOODLES V - ADD CHICKEN - Sm \$1.00/Lg \$1.50	\$4.00 \$6.00	*CHICKEN CAESER
*PERSIAN WRAP - Fresh falafels with grilled halloumi, tomato, spinach	\$9.50	Lettuce, Parmesean,
leaves, hummus & garlic on a fresh pita.		*ROAST PUMPKIN
*CARBARONI - Bacon, mushroom & cream sauce with macaroni pasta.	\$5.00 \$7.00	Tomato tossed with j
FRIDAY		*GREEK SALAD - ۸
*MALAYSIAN BEEF CURRY w/ RICE	\$5.50 \$8.50	Fetta, Olives, Red On
*BURGER & HOTDOG DAY! - (See menu below)	From \$4.50	*MEXICAN SALAD
*EGG FRIED RICE - ADD CHICKEN - Sm \$1.00/Lg \$1.50	\$4.00 \$6.00	Capsicum, Tomato, S
		*GARDEN SIDE SA
CK HOT ROLLS	sml Ige	*C.Y.O. (Create Your
*YUMBO - Hot Leg Ham & Cheese Roll w/ Aioli	\$5.00 \$7.00	
*HOT CHICKEN ROLL w/ Mayonnaise - (Add Cheese - \$0.60/1.00)	\$5.50 \$7.50	SUSHI - Made fresh
*HOT ROAST ROLL w/ Gravy (BEEF/PORK) - Made fresh on premises.	\$5.50 \$8.50	*6PC SUSHI - serve
*ZINGER - Chicken Strip Sub Roll w/ shredded carrot, tomato & lettuce.	\$5.50 \$7.50	Choose from Chicken
*CHICKEN PARMI ROLL - Schnitzel, parmy sauce, parmesean & lettuce.	\$6.00 \$9.00	Avocado & Cucumbe
		*Extra Soy Sauce
MRS MACS PIES & SAUSAGE ROLLS		*Portion of Wasal
*GIANT SAUSAGE ROLL (180g)	\$5.00	
*BEEF, CHEESE & BACON TRAVELLER (175g)	\$5.00	SNACKS
*BEEF TRAVELLER (175g)	\$5.00	*FRESH FRUIT SAL
*VEGETABLE PASTIE (165G) V	\$5.00	*CK FRESH MUFFI
*SPINACH & RICOTTA ROLL (140g) V	\$5.00	*PIRANHA CRISPS
*CHICKEN & LEEK PIE (Gluten Eree)	\$6.00	

*CHICKEN & LEEK PIE (Gluten Free) \$6.00 \$6.00 *BEEF PIE (Gluten Free) *SAUCE SACHETS - Tomato, BBQ or Sweet Chilli \$0.30 \$5.50 *HOMEMADE SAUSAGE ROLL - Only Available Mon, Wed & Fri. CK FRESH MADE PIZZA IN A BOX (MON, TUES & WED) *CHEESE \$5.00 *HAM & CHEESE \$6.00 *BBQ CHICKEN & CHEESE \$6.50 *HAWAIIAN - Ham & Pineapple \$6.50

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*SUPREME - Tomato, Onion, Capsicum, Ham & Cheese.	\$6.50
*VEGETARIAN - Tomato, Onion, Capsicum, Olives & Cheese.	\$6.50

BURGERS & HOT DOGS (TUES & FRI)

*HOT DOG - Classic frankfurt with sauce on fresh baked roll.	\$4.50
*BURGER & SALAD - Choose from 120g Beef Pattie, Vegan Vegetable	\$7.00
Pattie or Crumbed Fish Fillet on a fresh baked bun.	
*CHEESEBURGER w/cheddar cheese, pickles, sauce on a fresh bun.	\$7.00
*GRILLED CHICKEN BURGER - Fresh chicken breast with tomato,	\$7.00
carrot & lettuce on a fresh bun. Choose either Cajun or Garlic Herb.	
*SLIDER BOX - Two fresh baked sliders with cheese, homemade burger	\$7.50
sauce & tomato relish. Choose either Angus beef or Crumbed chicken.	
Add extras like pickles, bacon or make it double patties!	
*HAWAIIAN BURGER - Fresh grilled chicken breast OR 120g beef pattie	\$9.00
with pineapple, bacon, tomato & lettuce on a freshly baked bun.	
*STEAK SANDWICH - sliced scotch fillet steak with caramelised onions,	\$9.50
tomato & lettuce with relish and homemade burger sauce.	
*THE PB - The Principals Burger, so ask him what is on it!!	\$11.00

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SANDWICHES, BAGUETTES & WRAPS	sml Ige
*TOASTED SANDWICHES - Choose from Cheese, Chicken, Ham,	From \$3.50
tuna, tomato on White, Wholemeal, Multigrain or Gluten Free Bread	
*B.L.T Bacon, Lettuce & Tomato on Turkish Bread.	\$4.50
*CHICKEN CAESER WRAP - Chicken Breast with Cos Lettuce,	\$6.50
Parmesean, Bacon, Egg & Caeser Dressing.	
*TURKISH CONTINENTAL ROLL - Chicken, Feta, Olives, Red	\$6.00
Onion, Roasted Capsicum & Sundried Tomato with Red Pesto	
on a Toasted Turkish Bread.	
*SWEET CHILLI CHICKEN WRAP - Crumbed sweet chilli chicken ter	nders wi \$7.00
tomato, lettuce, carrot & mayo on a freshly baked baguette.	¢4.00
*C.Y.O. (Create Your Own) - Choose your style then fill it as you see fit!	\$4.00
Comes with carrot, lettuce & tomato as standard.	
FRESH SALADS - 500ml /750ml containers	sml Ige
*CHICKEN CAESER SALAD - Fresh baked Chicken Breast with Cos	\$7.50 \$11.00
Lettuce, Parmesean, Bacon, Egg, Croutons & Caeser Dressing.	
*ROAST PUMPKIN SALAD - Spinach Leaves, Fetta & Sundried	\$7.50 \$11.00
Tomato tossed with fresh Roasted Pumpkin. V	4
*GREEK SALAD - Mixed Leaf Salad with Tomato, Cucumber,	\$7.50 \$11.00
Fetta, Olives, Red Onion, Capsicum & Dressing. V	ć7 50 ć11 00
*MEXICAN SALAD - Shredded Lettuce, Carrot & Cheese,	\$7.50 \$11.00
Capsicum, Tomato, Sour Cream, Salsa & Corn Chips. V *GARDEN SIDE SALAD - Lettuce, Tomato, Carrot & Cucumber. V	\$3.50
*C.Y.O. (Create Your Own)	From \$4.50
	110111 \$ 1.50
SUSHI - Made fresh daily!	
*6PC SUSHI - served with 2 portions of soy sauce.	from \$7.00
Choose from Chicken Teriyaki, Cooked Tuna, Katsu Chicken & Avocado o	or
Avocado & Cucumber.	
*Extra Soy Sauce	\$0.20
*Portion of Wasabi & Pickled Ginger	\$1.00
SNACKS	sml Ige
*FRESH FRUIT SALAD - 440ml	\$4.80
*CK FRESH MUFFINS - Double Choc Chip or Apple & Cinnamon.	\$2.80 \$4.00
*PIRANHA CRISPS - Tangy Salsa or BBQ	\$2.50
*DOUBLE CHOC COOKIE	\$2.00
*HOMEMADE CHOCOLATE or FRENCH VANILLA MOUSSE	\$2.50
*BROWNE'S YOGHURT - 170g	\$2.50
Vanilla Bean, Banana & Honey or Mixed Berries.	
*HEALTHY SNACK BOX	\$6.00
- A serve of Hummus with sticks of carrot and cucumber, fresh	
seasonal fruit pieces & cheddar cheese and crackers.	ć1 00
- ADD A PIECE OF SUSHI	\$1.00
DRINKS	sml Ige
*WATER (600ml)	\$2.00
*BROWNE'S CHILL (300ml & 600ml)	\$3.00 \$4.50
- Chocolate, Strawberry, Mocha or Sugar Free Iced Coffee.	¢5.00
*BROWNE'S CHILL BOTTLE (750ml) - Chocolate	\$5.00
*PLAIN FULL CREAM MILK (225ml & 600ml)	\$1.80 \$2.80
*HARVEY FRESH 100% FRUIT JUICE (350ml)	\$4.00
- Apple, Orange or Apple & Blackcurrant. *100% JUICEE BOX (200ml) - Apple/ Blackcurrant, Apple & Tropical.	\$2.50
*GLEE (250ml) - 99% Carbonated Fruit Juice	\$3.00
- Sour Watermelon, Blackcurrant, Raspberry or Tropical.	çoloo
*UP & GO (250ml)	\$3.00
- Chocolate, Vanilla or Banana.	
*LIPTON ICED TEA (500ml)	\$4.80
- Peach, Mango, Raspberry or Lemon.	
*WATERFORDS (475ml)	\$4.00
- Appleberry, Tahitian Lime, Orange & Passionfruit or Sour Watermelon	
*KOMBUCHA (250ml)	\$3.80
 Ginger & Lemon, Passionfruit or Raspberry Lemonade. 	

go to WWW.FLEXISCHOOLS.COM.AU and place your oder before 8:55am

OR just come down and talk to us personally!

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