

BELRIDGE SECONDARY COLLEGE

CK DAILY SPECIALS - All Homemade

	sml	lge
MONDAY		
*PASTA BOLOGNAISE <i>h v gf (Beef or Veg) - ADD GARLIC BREAD - \$2.00</i>	\$4.50	\$7.50
*EGG FRIED RICE <i>h v gf - ADD CHICKEN h - Sm \$1.00/Lg \$1.50</i>	\$4.00	\$6.00
*HOMEMADE PIZZA DAY! <i>h v gf - (See menu below)</i>	From	\$5.50
TUESDAY		
*MEE GORENG NOODLES <i>h v - ADD CHICKEN h - Sm \$1.00/Lg \$1.50</i>	\$4.00	\$6.00
*STEAK & SALAD WRAP <i>h gf - Fresh sliced steak with fried onions, tomato, lettuce and our HM burger sauce on a fresh pita.</i>		\$10.00
*CARBARONI <i>h - Bacon, mushroom & cream sauce with macaroni pasta.</i>	\$4.50	\$7.50
WEDNESDAY		
*BUTTER CHICKEN w/ RICE <i>h gf</i>	\$5.50	\$8.50
*PASTA BOLOGNAISE <i>h v gf (Beef or Veg) - ADD GARLIC BREAD - \$2.00</i>	\$4.50	\$7.50
*EGG FRIED RICE <i>h v gf - ADD CHICKEN h - Sm \$1.00/Lg \$1.50</i>	\$4.00	\$6.00
THURSDAY		
*MEE GORENG NOODLES <i>h v - ADD CHICKEN h - Sm \$1.00/Lg \$1.50</i>	\$4.00	\$6.00
*PERSIAN WRAP <i>h v - Fresh falafels with grilled halloumi, tomato, spinach leaves, hummus & garlic on a fresh pita.</i>		\$10.00
*CARBARONI <i>h - Bacon, mushroom & cream sauce with macaroni pasta.</i>	\$4.50	\$7.50
FRIDAY		
*MALAYSIAN BEEF CURRY w/ RICE <i>h gf</i>	\$6.00	\$9.00
*BURGER & HOTDOG DAY! <i>h v gf - (See menu below)</i>	From	\$4.50
*EGG FRIED RICE <i>h v gf - ADD CHICKEN h - Sm \$1.00/Lg \$1.50</i>	\$4.00	\$6.00

CK HOT ROLLS - All Homemade

	sml	lge
*YUMBO - Hot Leg Ham & Cheese Roll w/ Aioli	\$5.00	\$7.00
*HOT CHICKEN ROLL w/ Mayonnaise - (Add Cheese - \$1.00/1.50)	\$5.50	\$7.50
*HOT ROAST PORK ROLL - Made fresh on premises.	\$6.00	\$8.50
*ZINGER - Chicken Strip Sub Roll w/ shredded carrot, tomato & lettuce.	\$6.50	\$8.50
*CHICKEN PARMIL ROLL - Schnitzel, parmy sauce, parmesean & lettuce.	\$7.00	#####

MRS MACS PIES & SAUSAGE ROLLS (TUES & THURS)

*GIANT SAUSAGE ROLL (180g)	\$5.00
*MEGA SAUSAGE ROLL (280g)	\$6.50
*BEEF, CHEESE & BACON TRAVELLER (175g)	\$5.00
*BEEF TRAVELLER (175g)	\$5.00
*VEGETABLE PASTIE (165G) <i>v</i>	\$5.00
*SPINACH & RICOTTA ROLL (140g) <i>v</i>	\$5.00
*CHICKEN & LEEK PIE (Gluten Free)	\$6.50
*BEEF PIE (Gluten Free)	\$6.50
*SAUCE SACHETS - Tomato, BBQ or Sweet Chilli	\$0.40
*HOMEMADE SAUSAGE ROLL - Only Available Wed & Fri.	\$6.00

FRESH MADE PIZZA IN A BOX (MON & WED) - All Homemade with veg & GF options

*CHEESE	\$5.50
*HAM & CHEESE	\$6.40
*BBQ CHICKEN & CHEESE	\$6.90
*HAWAIIAN - Ham & Pineapple.	\$6.90
*SUPREME - Tomato, Onion, Capsicum, Ham & Cheese.	\$6.90
*VEGETARIAN - Tomato, Onion, Capsicum, Olives & Cheese.	\$6.90

BURGERS & HOT DOGS (TUES & FRI) - All Homemade with veg & GF options

*HOT DOG - Classic frankfurt with sauce on fresh baked roll.	\$4.50
*BURGER & SALAD - Choose from 120g Beef Pattie, Vegan Vegetable Pattie or Crumbed Fish Fillet on a fresh baked bun.	\$7.00
*CHEESEBURGER w/cheddar cheese, pickles, sauce on a fresh bun.	\$7.00
*GRILLED CHICKEN BURGER - Fresh chicken breast with tomato, carrot & lettuce on a fresh bun. Choose either Cajun or Garlic Herb.	\$7.00
*SLIDER BOX - Two fresh baked sliders with cheese, homemade burger sauce & tomato relish. Choose either Angus beef or Crumbed chicken. Add extras like pickles, bacon or make it double patties!	\$7.50
*HAWAIIAN BURGER - Fresh grilled chicken breast OR 120g beef pattie with pineapple, bacon, tomato & lettuce on a freshly baked bun.	\$9.00
*STEAK SANDWICH - sliced scotch fillet steak with caramelised onions, tomato & lettuce with relish and homemade burger sauce.	\$10.00
*THE PB - The Principals Burger, so ask him what is on it!!	\$11.00

SANDWICHES, BAGUETTES & WRAPS - All Homemade

	sml
*TOASTED SANDWICHES <i>gf - Choose from Cheese, Chicken, Ham, tuna, tomato... on White, Wholemeal, Multigrain or Gluten Free Bread.</i>	From
*B.L.T. - Bacon, Lettuce & Tomato on Turkish Bread.	\$4.
*CHICKEN CAESER WRAP <i>gf - Chicken Breast with Cos Lettuce, Parmesean, Bacon, Egg & Caesar Dressing.</i>	\$7.
*TURKISH CONTINENTAL ROLL - Chicken, Feta, Olives, Red Onion, Roasted Capsicum & Sundried Tomato with Red Pesto on a Toasted Turkish Bread.	\$6.
*SWEET CHILLI CHICKEN WRAP - Crumbed sweet chilli chicken tenders with tomato, lettuce, carrot & mayo on a freshly baked baguette.	\$7.
*C.Y.O. (Create Your Own) - Choose your style then fill it as you see fit! Comes with carrot, lettuce & tomato as standard.	\$4.

FRESH SALADS - 500ml /750ml containers

	sml
*CHICKEN CAESER SALAD <i>h - Fresh baked Chicken Breast with Cos Lettuce, Parmesean, Bacon, Egg, Croutons & Caesar Dressing.</i>	\$7.50
*ROAST PUMPKIN SALAD <i>h gf - Spinach Leaves, Fetta & Sundried Tomato tossed with fresh Roasted Pumpkin. <i>v</i></i>	\$7.50
*GREEK SALAD <i>h gf - Mixed Leaf Salad with Tomato, Cucumber, Fetta, Olives, Red Onion, Capsicum & Dressing. <i>v</i></i>	\$7.50
*MEXICAN SALAD <i>h - Shredded Lettuce, Carrot & Cheese, Capsicum, Tomato, Sour Cream, Salsa & Corn Chips. <i>v</i></i>	\$7.50
*GARDEN SIDE SALAD <i>h v gf - Lettuce, Tomato, Carrot & Cucumber. <i>v</i></i>	\$3.
*C.Y.O. (Create Your Own)	From

SUSHI - Made fresh daily!

*6PC SUSHI <i>v gf - served with 2 portions of soy sauce.</i>	\$7.
Choose from Chicken Teriyaki, Cooked Tuna, Katsu Chicken & Avocado or Avocado & Cucumber.	
*Extra Soy Sauce	\$0.
*Portion of Wasabi & Pickled Ginger	\$1.

SNACKS

	sml
*FRESH FRUIT SALAD <i>h v gf - 440ml</i>	\$5.
*CK FRESH MUFFINS <i>h - Choc Chip or Apple & Cinnamon.</i>	\$3.00
*PIRANHA CRISPS - <i>gf Tangy Salsa, Thyme & Oregano or BBQ</i>	\$2.
*DOUBLE CHOC COOKIE	\$2.
*HOMEMADE CHOCOLATE or FRENCH VANILLA MOUSSE	\$2.
*BROWNE'S YOGHURT - 170g Vanilla Bean, Banana & Honey or Mixed Berries.	\$2.
*HEALTHY SNACK BOX <i>h v</i>	\$6.
- A serve of Hummus with sticks of carrot and cucumber, fresh seasonal fruit pieces & cheddar cheese and crackers.	
- ADD A PIECE OF SUSHI	\$1.

DRINKS

	sml
*NU PURE WATER (600ml)	\$2.
*NU SPARKLING WATER (500ml)	\$2.
*BROWNE'S CHILL (300ml)	\$3.
*BROWNE'S SHAKY SHAKE (250ml)	\$3.
*BROWNE'S FULL CREAM MILK (225ml & 600ml)	\$1.80
*UP & GO (250ml)	\$3.
*POPPERS 100% JUICE BOX (250ml)	\$2.
*PRESHA 100% COLD PRESSED FRUIT JUICE (350ml)	\$4.
*EMMA & TOMS SMOOTHIES & QUENCHERS (350ml)	\$5.
*KOMBUCHA (250ml)	\$3.
*LIPTON ICED TEA (500ml)	\$4.
*TEA INDUSTRIES ALOE VERA JUICE (500ml)	\$4.
*GLEE (250ml) - 99% Carbonated Fruit Juice	\$3.
*WATERFORDS (475ml)	\$4.

go to WWW.FLEXISCHOOLS.COM.AU and place your order before 8:55am

OR just come down and talk to us personally!

T: 0467 941 213 E: belridgecanteen@gmail.com



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